



Dear RHS Parents:

“Reading becomes increasingly important as your teen reaches high school. And the best way to build reading skills is to read often. However, a recent study shows that less than 20 percent of teens read for pleasure every day.

To encourage your teen to read:

- Make library visits a regular habit for your family. Encourage your teen to check out books.
- Build on your child’s interests. Encourage your teen to read books, magazines and articles about subjects of interest, from sports to celebrities.
- Read what your child reads. If your teen is assigned a novel to read for English class, get a copy and read it yourself. This shows your teen you are interested and

can lead to some great conversations.

Be patient. Teens can go through periods where they don’t show interest in reading. A bit of time and encouragement may boost your teen’s desire to read.”

Please contact me with any questions, or with further suggestions to help support reading for high school students!

Ed Davenport
Principal

Reprinted with permission from the March 2019 issue of Parents Still make the difference!® (High School Edition) newsletter. Copyright © 2019 The Parent Institute®, a division of PaperClip Media, Inc. Source: J.M. Twenge and others, “Trends in U.S. Adolescents’ Media Use, 1976–2016,” Psychology of Popular Media Culture, American Psychological Association.



03/01—end of 3rd interim reporting period

03/04—start of Spring JV/Varsity sports

03/11—start of Spring Modified sports

03/22—BMS/RHS early dismissal—11:39am

School Counselors
can help
you
put it all
together!

Guidance News

Numerous summer 2019 learning opportunities are available in the Guidance Office.

Scholarships for seniors are available in the Guidance Office and on the website. See the Rhinebeck High School Guidance Page on the RCSD Website for complete details.

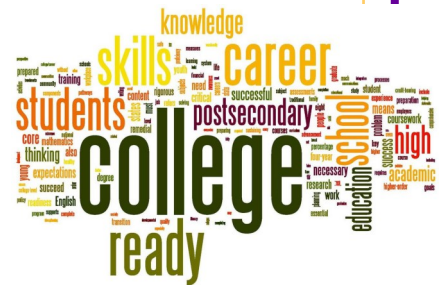
Seniors: please notify your Guidance Counselor regarding your college admissions status.

The 2019-2020 course selection process for high school students has begun. Please sign the 4 Year Plan that your child brings home and return to the Guidance Office. Any questions, please contact Mr. Heywood or Mr. Palazzolo.

Attention Juniors:

Test dates to note:

SAT I & II	May 4 @ RHS	(registration deadline April 5)
SAT I & II	June 1	(registration deadline May 3)
ACT	April 13	(registration deadline March 8)
ACT	June 8	(registration deadline May 3)

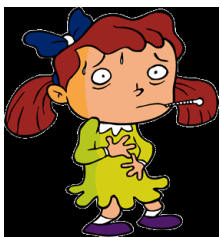


Follow the Rhinebeck School District on Twitter, Facebook, and the District website.



Find us on:
facebook®

twitter 



Sick Children...Send to School or Keep Home?

Deciding when a child is too sick to go to school can be a difficult decision for the parents to make. When trying to decide, use the guidelines below to help you.

Go to School—If your child has any of the following symptoms, they should probably go to school:

-Sniffles, a runny nose and a mild cough without a fever (this could be an allergic response to dust, pollen or seasonal changes)

-Vague complaints of aches pains or fatigue

-Single mild episode of diarrhea or vomiting without any other symptoms, and is now feeling well

Stay at Home—If your child has any of the following symptoms, please keep your child at home or make appropriate child care arrangements:

-APPEARANCE, BEHAVIOR— unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to exclude a child.

-EYES-thick mucus or pus draining from the eye or pink eye. (with pink eye (conjunctivitis) you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness.)

-FEVER or temperature of 100 degrees Fahrenheit or higher. Remember that a child must be fever free (without use of medication) for 24 hours before returning to school.

-GREENISH NOSE DISCHARGE AND/OR CHRONIC COUGH-should be seen by a

healthcare provider. These conditions may be contagious and require treatment.

-SORE THROAT-ESPECIALLY W/ FEVER OR SWOLLEN GLANDS IN THE NECK. (With Strep throat, the child may return to school after 24 hours on antibiotics.)

-DIARRHEA-three (3) or more watery stools in a 24 hour period, especially if the child acts or looks ill.

-VOMITING-vomiting two (2) or more times within the past 24 hours.

-RASH-body rash, especially with fever or itching. Heat rashes and allergic reactions are not contagious. Cover rashes while in school.

-EAR INFECTIONS WITHOUT FEVER-do not need to be excluded, but the child needs to get medical treatment and follow-up. Untreated ear infections can cause permanent hearing loss.

-LICE, SCABIES-children may not return to school until they have been treated and are free of lice.

-CHICKEN POX—children must stay at home for five (5) days after the onset of blisters, or until all pox are scabbed over and dry.

IF YOUR CHILD SHOWS ANY OF THE ABOVE SYMPTOMS AT SCHOOL, IT WILL BE NECESSARY TO PICK HIM/HER UP .

The best measure of prevention is to practice and teach your children good handwashing, It is important for children to be well rested upon returning to school to decrease their chances of relapse. Also, encourage plenty of fluids. Please remind children not to share drinks.

Model UN Club goes to the United Nations

On Tuesday, February 19, eleven Rhinebeck High School Model UN students attended the opening day of the Special Committee on the Charter of the United Nations and on the Strengthening of the Role of the Organization at UN headquarters in New York City. Our students were guests of the Principal Legal Officer of the UN's Codification Division, Office of Legal Affairs, Mr. Arnold Pronto.

This Special Committee is a subsidiary of

the United Nations General Assembly and is charged with debating and proposing

reforms to the United Nations Charter in order to render the organization more effective in carrying out its primary objective: promoting international peace and security. By attending the first day of the annual convening of this Special Committee, students had the opportunity to hear delegates deliver their opening statements articulating their priorities and agenda for the Special Committee. There were some fireworks among the





Please click this link to view the official press statement highlighting speeches delivered on the opening day of the Special Committee, which our students heard live: <https://www.un.org/press/en/2019/l3287.doc.htm>.

speeches as delegates critiqued individual member states and characterized certain actions as being at counter-purpose to the UN Charter.

After having lunch at the UN cafeteria, the students received a private tour of the United Nations facility, which included visits to the Security Council and General Assembly chambers. As one might imagine, it was absolutely thrilling to be in the rooms where countless debates and decisions of historical significance took

Continued.....



More Model UN....

place. Following our tour, the students received a 1-hour briefing from an expert on Sustainable Development Goals followed by a lively Q&A period with the speaker.

Mr. Pronto, the aforementioned Principal Legal Officer of the UN's Codification Division (and a RHS parent!) is

scheduled to address our Model UN Club students on March 6th as a follow-up to our trip. Our students couldn't be more excited to host Mr. Pronto and wish to extend their gratitude for his invitation to attend the UN and help in navigating the logistical challenges of such an exciting experience!



Student Parking

If you have a child that plans on driving to school mark your calendar for Tuesday, April 23!

The “Teen Driving-A Family Affair” program sponsored by CAPE, the Council on Addiction Prevention and Education of Dutchess County, will be held at 6:30 pm on **Tuesday, April 23, 2019** in the high school auditorium.

This is a **MANDATORY** program for any student who plans to apply for a school parking permit. Students attending the program must be accompanied by a parent/guardian. Please plan to arrive by 6:30pm for registration, the program will begin promptly at 7:00pm. If you are unable to attend the program at Rhinebeck High School the following is a listing of some additional opportunities to which you and your child may attend for proper credit.

“TEEN DRIVING – A FAMILY AFFAIR” program:

Pine Plains: March 21, 2019

Millbrook: March 27, 2019

Red Hook: April 3, 2019

Spackenkill: April 24, 2019

Hyde Park: May 2, 2019

John Jay: May 8, 2019



School counselors provide academic and social support

Your teen's high school counselor is a valuable resource for both you and your teen. School counselors are highly-trained professionals who are equipped to support students' academic and social development—from choosing classes to dealing with behavioral changes.

Counselors can assist families with a variety of issues. Contact the counselor if:

- You have questions about your teen's classes. These can include scheduling questions for next year or issues with current classes.
- You are concerned about your teen's behavior. School counselors are trained to help students identify and work through difficult issues. Be sure to remind your teen that the counselor is a trusted adult.

- Your teen's grades are suffering. School counselors can help parents and students figure out the source of academic problems and develop solutions to get grades back on track.

- You are facing a crisis. Counselors can provide support and assistance to students and families as they navigate crisis situations or emergencies.

You have questions about your teen's future. School counselors can help students decide what they want to do after high school. They can offer advice on potential careers and training, as well as tips for reaching higher education goals.

Reprinted with permission from the March 2019 issue of *Parents Still make the difference!*® (High School Edition) newsletter. Copyright © 2019 The Parent Institute®, a division of PaperClip Media, Inc.



Talk to your teen about how to combat cyberbullying

High schoolers spend much of their time texting their friends and sharing posts on social media sites. Not surprisingly, these are the channels that many bullies use to harass other students. Studies show that 70 percent of students see frequent bullying online.

Whether it's a disrespectful comment posted on a photo or a rumor that's been retweeted several times, cyberbullying can have a devastating effect on students' self-esteem and academic performance.

Teens play an important role in defeating cyberbullying. Teach your teen to:

- Delete messages or comments posted on his social media pages that are mean-spirited or make fun of others. Do not share negative messages or com-

ments with friends. Bullying escalates when others help spread the message.

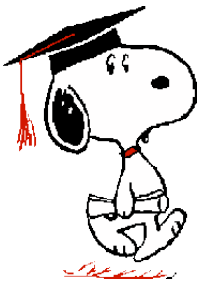
- Unfollow or block users who repeatedly post harmful or negative things about others.

- Report bullying to a trusted adult. Teens often operate under a code of silence. But telling a trusted adult can help bring the situation to an end.

- Stop and think before posting something that could hurt someone.

Talk with other students. Your teen should let friends know that bullying is uncool.

Reprinted with permission from the March 2019 issue of *Parents Still make the difference!*® (High School Edition) newsletter. Copyright © 2019 The Parent Institute®, a division of PaperClip Media, Inc. Source: "*11 Facts About Cyber Bullying*," DoSomething.org, niswc.com/high_cyberbully.



ATTENTION SENIORS:

Any senior who has not yet ordered a cap and gown for graduation can do so at Jostens.com.

Important end-of-year dates for Seniors and their families:

Junior Senior Prom: PLEASE NOTE THIS IS A CHANGE OF DATE!!

Saturday, June 1, 2019, 7:00 pm—11:00 pm

Rhinebeck High School Graduation: Sat., June 29, 2019, 6:00 pm



MISSING

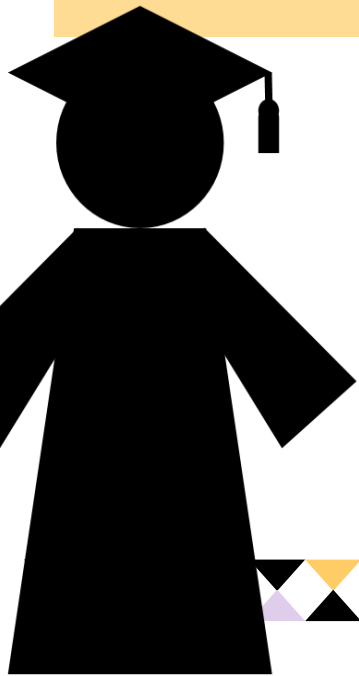
Please take a look in your home, car, backpacks, and anywhere else school materials may be hiding! The main office is currently reviewing the list of items that have not been returned from LAST school year. If any materials are found, please return them to the main office to Ms. V's attention. Thank you!

A reminder to all parents and student drivers: yield to pedestrians in crosswalks!



ATTENTION PLEASE:

Any families of recent graduates who have a graduation cap and/or gown that they would like to donate, please contact the main office of the high school.





RHS
2019-2020
English Department
Electives

**There's
something
for everyone...
Make next year's
schedule
a treat
for the imagination!**

It's time to think about next year's schedule!
An English elective will brighten your day and
bolster your academic resume!

Ask an English teacher for more details,
or speak to a student currently enrolled
in one of these fabulous courses!

Media Communications

(formerly known as Journalism)

Credits .5

Intro to Media Communications offers a study of the basic principles of print and online journalism and an examination of the role the media plays in our society. Students learn investigative skills, responsible reporting and journalistic writing techniques as they read, respond to, and write their own news and feature articles for Rhinebeck Reality.

Advanced Media Communications offers 10-12th graders a chance not only to write for student publications but also to edit and manage the workflow for both Murmur (Lit Mag) and Rhinebeck Reality. Let your voice be heard! Join the team! Sign up for the companion art course (Studio in Adv. Media Comm.) and learn how to design as well!



Writer's Workshop

Credits .5

Students work together to create a supportive environment for writing, collaborating, discussing and appreciating creative work.

Students will experiment in a wide variety of writing modes, read their work aloud to peers, and offer one another encouragement and guidance.

Emphasis will be placed on all aspects of the writing process. The class can collaborate on a final project such as a literary magazine to celebrate our growth as writers.



The Art of Public Speaking

Credits .5

In this course, students become confident speakers by practicing basic speaking techniques. In an interactive setting designed to develop public speaking skills, students will also work on acquiring good listening skills.

Emphasis is on research, preparation, delivery, and evaluation of informative, persuasive, and special occasion public speaking. But exercises on vocal variety, including pitch, rate, and volume, will occur routinely to maximize improvement.

Students will present a variety of speeches, including prose reading, extemporaneous speaking, dramatic interpretation, and TED-talk persuasive presentations.

Students will also explore how modern technology can shape and assist their presentations. Additionally, students will learn how to tailor their speeches to meet the needs of a specific audience.



Drama

Credits .5

This course promotes enjoyment and appreciation for all aspects of theatre.

Classwork focuses on the exploration of theatre literature, performance, historical and cultural connections, and technical requirements. Improvisation, creative dramatics, and beginning scene work are used to introduce students to acting and character development. Incorporation of other art forms in theatre also helps students gain appreciation for other media, such as music, dance, and visual art.

This class will provide opportunities for students to develop skills in critical reading, listening, and thinking, as well as stage presence, ensemble work, and aesthetic awareness. Culminating experiences could include periodic classroom and/or public performances.



Video Production

Credits .5

The purpose of this course is to acquaint students with all aspects of basic video production --- from concept to final product. Students will learn storyboarding, shooting techniques, logging, editing, audio dubbing, keying.

They will work primarily with non-linear editing equipment, though they will gain some experience with, and exposure to linear editing.

Through a hands-on approach, students will produce video shorts emphasizing a variety of camera and editing techniques.



Reading Film

Credits .5

This course introduces students to the art of reading a film. Students learn a framework for interpreting film so they see film as readable text and see the relationship between fiction narratives and film.

Students will explore film “pre-writing” through the use of storyboards, examine the main elements of cinematic language, and identify the distinguishing characteristics of major film genres.

The evolution of specific genres (western, comedy, sci-fi, film noir) is examined as record of how cinematic “texts” reflect as well as shape culture.

If you like to....



- speak your mind
- write to an audience other than your teacher
- draw or design what you imagine
- archive collections of poetry, fiction, drawings
- know what's going on in school, the community, the world
- make your own books...

...then the new ELA and ART courses are your opportunities for

- collaboration
- leadership
- publication and recognition
- creativity and self-expression
- advocating change
- building school spirit
- empowering the student body
- creating a conversation of ideas
- designing multi-media projects from start-to-finish



CREATIVE MEDIA COMMUNICATIONS PROGRAM for 2019-2020

In the fall of 2019, the Art and English departments are excited to offer a collaborative program that integrates English and Visual Arts. Students can alternate between writing and graphic design every other day for a full year, earning 1 credit--- .5 for **Advanced Media Workshop** and .5 for the **Studio in Advanced Media Communications Lab**. Students should sign up for both the ELA and Visual Arts Lab course together to maximize this opportunity, but it's not mandatory. Students can take the courses more than once to develop a rich portfolio of work and to advance their skills.

Advanced Media Communications II, III, IV (.5 credit)

Students in 10-12th grade who have taken **Media Communications I** (or Journalism or who have been active in RR and/or Creative Writing Club) will work collaboratively as writers, editors, and designers for the school literary magazine and newspaper. Students will assign articles/beats and will schedule and manage workflow for the school's bi-annual literary magazine, as well as for the school newspaper (both online and print publications).

Studio in Advanced Media Communications Lab (.5 credit)

This course works hand in hand with ELA's **Media Communications II, III, IV**, meeting every other day opposite the ELA course. This is a hands-on course that allows students to combine student-created text with graphic design and production skills. Students will be introduced systematically, in a modular format to two Adobe Suite Programs: InDesign and Photoshop. Modules will build on basic art elements and principles and cover layout and design, use of grid systems, photography and editing basics. The course emphasizes production and the process involved in creating quality publications with real-life deadlines. Teachers will collaborate to assist students in the execution of the production of school bi-annual literary magazine, as well as the school newspaper.

See the Art Department's Companion Course descriptions! Ask Ms. Wheeler or Ms. Baer for more details.

2019 - 2020

The Arts at Rhinebeck High School

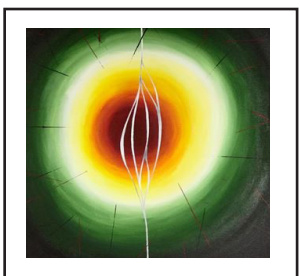
The Art Program at Rhinebeck High School offers many possibilities. Our curriculum has been designed to allow students to create a personalized path of interest. Whether you like the tactility of working with your hands or prefer to work on the computer, there is a place for you in our program. Check out these new courses for 2019-20.

7301 Studio In Crafts (1 credit)



Many students come into HS Art with the belief that they cannot draw or just have a preference for more hands-on types of art. Studio in Crafts offers an alternative to traditional Studio Art with an emphasis placed on hand-building skills that focuses on the concept of art with a purpose. Students will experiment with clay, print-making, textiles, and metal as well as be introduced to the rich history of crafts made from around the world.

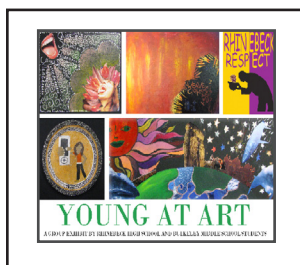
7001 Advanced Studio in Drawing and Painting (1 credit)



In this choice-based course, students will be encouraged to take a creative approach to their work using a wide range of drawing and painting materials such as; pen and ink, pencil, charcoal, acrylic paint, watercolor, and digital media. Students will be expected to push their technical and conceptual boundaries to create a creative body of illustrative work. This advanced studio emphasizes various approaches to drawing and painting, from observation through still lifes, perspective, and portraiture as well as more conceptual ideas that combine reality with imagination.

Studio in Advanced Media Communications (.5 credits)

*A Companion Course to the ELA Course: Advanced Media Communications Workshop
(Includes Photography/ Photoshop/ Graphic Design/ InDesign)*



This course works hand in hand with the Advanced Media Communications Workshop in English meeting every other day opposite the ELA course.

This course combines student-created text with graphic design and production skills.

Students will be introduced to Adobe In-Design and Photoshop. Lessons, concentrate on layout and design, use of grid systems, basic photography, composition and editing basics. The course emphasizes production resulting in quality publications with deadlines that are in sync with the ELA Advanced Media Communications Workshop course.

Check Out All the Art Courses Offered at RHS!

I. Introductory Art Courses	Credits	II. Intermediate Art Courses (cont.)	Credits
Intro to Theater Design	1	Sculpture	1
Drawing for Design Production (DDP)	1	Mixed Media and Printmaking	0.5
Studio Art	1	Ceramics	0.5
Studio in Crafts	1	III. Advanced Art Courses	Credits
II. Intermediate Art Courses	Credits	Advanced Ceramics	0.5
Intro to Graphic Design	0.5	Advanced Studio in Drawing & Painting	1
Studio in Advanced Media Communication	0.5	Portfolio	0.5
Drawing	1	Advanced Art Exploration	0.5

View Our Full RHS Art Brochure available on The RHS Website!

THE FUNTASTIC AND HIGH-FLYING
HARLEM WIZARDS
 ARE COMING TO TOWN!

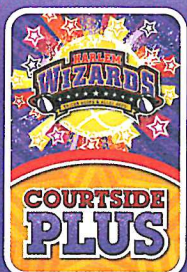


TO BUY TICKETS, SEE OTHER SIDE OR GO TO
HARLEMWIZARDS.COM

★ ★ ★ GAMES SELL OUT FAST, BUY YOUR TICKETS NOW! ★ ★ ★

TWO WAYS TO PUMP UP YOUR PARTICIPATION

COURTSIDE PLUS



- Courtside Seating
- Meet & Greet with 2-3 Wizards
- \$10 discount on a Wizards Jersey

*See reverse for full offer.
 (Limit 50 tix)

WARM UP WITH THE WIZARDS

With the purchase of a Wizards replica jersey and game ticket, you can be a Wiz Kid!

- The fun begins soon after the doors open. Our MC will introduce you as a *Wiz Kid*!
- 30 Minutes prior to the show, you will be on the court warming up with the Wizards!

(See the reverse for more details)



*First 75 Purchased





Rhinebeck Slammin' Hawks
Featuring: Teachers & staff from CLS, BMS,
and RHS

This Slamtastic Community Event Hosted By: Rhinebeck PTSO

Event Date: Tues, 03/22/19 6pm-9pm

VENUE: BMS Gym

FUNDRAISER For: Rhinebeck PTSO

GO TO WWW.HARLEMWIZARDS.COM TO BUY
TICKETS NOW!

*****HURRY BECAUSE WIZARD GAMES SELL OUT ALL OVER THE COUNTRY!*****

GENERAL ADMISSION

Students \$12 advance \$15 door
Adults \$15 advance \$17 door

RESERVED

\$20 Includes up close reserved seats and a free poster voucher

COURTSIDE PLUS

\$35 Includes courtside reserved seating, an exclusive 10 minute meet & greet with 2-3 Wizards, souvenir lanyard and \$10 discount on Wizard's replica jerseys. Very Limited (Only 50 tickets) *Arrive at the gym 1 hour before game time*

Special Opportunity to Warm up with the Wizards! (Maximum 75 kids)

Become a "Wiz Kid!"- With purchase of Wizards replica jersey and a game ticket you will be able to join the players on the court for some pre-game fun! Experience includes:

- > Personal introduction to crowd as a "Wiz Kid" by our MC!
- > Warm-up with the Wizards (beginning 30 minutes prior to game)!
- > Participation in the Wizards grand entrance!
- > Group photo opportunity with both teams

\$45 with the purchase of a regularly priced ticket or

\$35 (\$10 discount) with purchase of a Courtside Plus (CSP) ticket.

One discounted jersey per CSP ticket purchase. Adult & youth sizes

available. Order jersey online along with ticket and pick up at the Wizards souvenir stand when you arrive.

***Children 3 & under admitted free ***

**We will be selling food, drinks & Wizards Souvenirs (cash or cc) to help raise money
THIS IS NOT A DROP OFF EVENT – K-6 STUDENTS MUST BE ACCOMPANIED BY ADULT**

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 End of 3 rd Interim Reporting Period	2
3	4 Start of Spring JV/Varsity Sports	5	6	7	8	9
10	11 Start of Spring Modified Sports	12	13	14	15	16
17	18	19	20	21	22 BMS/RHS early dismissal, 11:39am	23
24	25	26	27	28	29	30
31						